

**JADUAL WAKTU SOLAT
BAGI NEGERI SABAH
TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U ##### Ketinggian 0 meter

Januari 2022 Miladiah / Jamadilawwal - Jamadilakhir 1443 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Sabtu	27 J. Awwal	5:00	5:10	6:24	12:21	15:42	18:14	19:29
2	Ahad	28	5:00	5:10	6:24	12:21	15:43	18:15	19:29
3	Isnin	29	5:01	5:11	6:25	12:21	15:43	18:15	19:30
4	Selasa	1 J.Akhir	5:01	5:11	6:25	12:22	15:44	18:16	19:30
5	Rabu	2	5:02	5:12	6:25	12:22	15:44	18:16	19:31
6	Khamis	3	5:02	5:12	6:26	12:23	15:44	18:17	19:31
7	Jumaat	4	5:03	5:13	6:26	12:23	15:45	18:17	19:32
8	Sabtu	5	5:03	5:13	6:27	12:24	15:45	18:18	19:32
9	Ahad	6	5:04	5:14	6:27	12:24	15:46	18:18	19:32
10	Isnin	7	5:04	5:14	6:27	12:25	15:46	18:19	19:33
11	Selasa	8	5:05	5:15	6:28	12:25	15:47	18:19	19:33
12	Rabu	9	5:05	5:15	6:28	12:25	15:47	18:20	19:34
13	Khamis	10	5:05	5:15	6:28	12:26	15:47	18:20	19:34
14	Jumaat	11	5:06	5:16	6:29	12:26	15:48	18:20	19:34
15	Sabtu	12	5:06	5:16	6:29	12:26	15:48	18:21	19:35
16	Ahad	13	5:06	5:16	6:29	12:27	15:48	18:21	19:35
17	Isnin	14	5:07	5:17	6:29	12:27	15:49	18:22	19:35
18	Selasa	15	5:07	5:17	6:30	12:27	15:49	18:22	19:36
19	Rabu	16	5:08	5:18	6:30	12:28	15:49	18:23	19:36
20	Khamis	17	5:08	5:18	6:30	12:28	15:50	18:23	19:36
21	Jumaat	18	5:08	5:18	6:30	12:28	15:50	18:23	19:36
22	Sabtu	19	5:08	5:18	6:30	12:29	15:50	18:24	19:37
23	Ahad	20	5:09	5:19	6:31	12:29	15:50	18:24	19:37
24	Isnin	21	5:09	5:19	6:31	12:29	15:51	18:24	19:37
25	Selasa	22	5:09	5:19	6:31	12:29	15:51	18:25	19:37
26	Rabu	23	5:09	5:19	6:31	12:30	15:51	18:25	19:38
27	Khamis	24	5:10	5:20	6:31	12:30	15:51	18:25	19:38
28	Jumaat	25	5:10	5:20	6:31	12:30	15:51	18:26	19:38
29	Sabtu	26	5:10	5:20	6:31	12:30	15:51	18:26	19:38
30	Ahad	27	5:10	5:20	6:31	12:30	15:52	18:26	19:38
31	Isnin	28	5:10	5:20	6:31	12:31	15:52	18:26	19:38

Disediakan oleh:

Bahagian Falak

Pejabat Mufti Negeri Sabah

**JADUAL WAKTU SOLAT
BAGI NEGERI SABAH
TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U

Ketinggian 0 meter

Februari 2022 Miladiah / Jamadilakhir - Rajab 1443 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Selasa	29 J.Akhir	5:11	5:21	6:32	12:31	15:52	18:27	19:39
2	Rabu	30	5:11	5:21	6:32	12:31	15:52	18:27	19:39
3	Khamis	1 Rejab	5:11	5:21	6:32	12:31	15:52	18:27	19:39
4	Jumaat	2	5:11	5:21	6:32	12:31	15:52	18:27	19:39
5	Sabtu	3	5:11	5:21	6:32	12:31	15:52	18:28	19:39
6	Ahad	4	5:11	5:21	6:31	12:31	15:52	18:28	19:39
7	Isnin	5	5:11	5:21	6:31	12:31	15:52	18:28	19:39
8	Selasa	6	5:11	5:21	6:31	12:31	15:52	18:28	19:39
9	Rabu	7	5:11	5:21	6:31	12:31	15:52	18:28	19:39
10	Khamis	8	5:11	5:21	6:31	12:31	15:51	18:28	19:39
11	Jumaat	9	5:11	5:21	6:31	12:31	15:51	18:29	19:39
12	Sabtu	10	5:11	5:21	6:31	12:31	15:51	18:29	19:39
13	Ahad	11	5:11	5:21	6:31	12:31	15:51	18:29	19:39
14	Isnin	12	5:11	5:21	6:31	12:31	15:51	18:29	19:39
15	Selasa	13	5:11	5:21	6:30	12:31	15:51	18:29	19:39
16	Rabu	14	5:11	5:21	6:30	12:31	15:50	18:29	19:39
17	Khamis	15	5:11	5:21	6:30	12:31	15:50	18:29	19:39
18	Jumaat	16	5:11	5:21	6:30	12:31	15:50	18:29	19:39
19	Sabtu	17	5:11	5:21	6:30	12:31	15:50	18:29	19:39
20	Ahad	18	5:10	5:20	6:29	12:31	15:49	18:29	19:39
21	Isnin	19	5:10	5:20	6:29	12:31	15:49	18:29	19:39
22	Selasa	20	5:10	5:20	6:29	12:31	15:49	18:29	19:39
23	Rabu	21	5:10	5:20	6:29	12:31	15:48	18:29	19:39
24	Khamis	22	5:10	5:20	6:28	12:30	15:48	18:29	19:39
25	Jumaat	23	5:09	5:19	6:28	12:30	15:47	18:29	19:39
26	Sabtu	24	5:09	5:19	6:28	12:30	15:47	18:29	19:39
27	Ahad	25	5:09	5:19	6:28	12:30	15:47	18:29	19:39
28	Isnin	26	5:09	5:19	6:27	12:30	15:46	18:29	19:39

Disediakan oleh:

Bahagian Falak

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BAGI NEGERI SABAH
TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U ##### Ketinggian 0 meter

Mac 2022 Miladiah / Rajab - Sya'aban 1443 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Selasa	27 Rajab	5:08	5:18	6:27	12:30	15:46	18:29	19:39
2	Rabu	28	5:08	5:18	6:27	12:29	15:45	18:29	19:38
3	Khamis	29	5:08	5:18	6:26	12:29	15:45	18:29	19:38
4	Jumaat	1 Sya'aban	5:08	5:18	6:26	12:29	15:44	18:29	19:38
5	Sabtu	2	5:07	5:17	6:26	12:29	15:43	18:29	19:38
6	Ahad	3	5:07	5:17	6:25	12:28	15:43	18:29	19:38
7	Isnin	4	5:07	5:17	6:25	12:28	15:42	18:29	19:38
8	Selasa	5	5:06	5:16	6:24	12:28	15:42	18:29	19:38
9	Rabu	6	5:06	5:16	6:24	12:28	15:41	18:28	19:38
10	Khamis	7	5:06	5:16	6:24	12:27	15:40	18:28	19:37
11	Jumaat	8	5:05	5:15	6:23	12:27	15:40	18:28	19:37
12	Sabtu	9	5:05	5:15	6:23	12:27	15:39	18:28	19:37
13	Ahad	10	5:04	5:14	6:22	12:27	15:38	18:28	19:37
14	Isnin	11	5:04	5:14	6:22	12:26	15:38	18:28	19:37
15	Selasa	12	5:04	5:14	6:22	12:26	15:37	18:28	19:37
16	Rabu	13	5:03	5:13	6:21	12:26	15:36	18:28	19:37
17	Khamis	14	5:03	5:13	6:21	12:26	15:35	18:27	19:36
18	Jumaat	15	5:02	5:12	6:20	12:25	15:35	18:27	19:36
19	Sabtu	16	5:02	5:12	6:20	12:25	15:34	18:27	19:36
20	Ahad	17	5:01	5:11	6:19	12:25	15:33	18:27	19:36
21	Isnin	18	5:01	5:11	6:19	12:24	15:32	18:27	19:36
22	Selasa	19	5:01	5:11	6:19	12:24	15:31	18:27	19:36
23	Rabu	20	5:00	5:10	6:18	12:24	15:30	18:26	19:35
24	Khamis	21	5:00	5:10	6:18	12:24	15:29	18:26	19:35
25	Jumaat	22	4:59	5:09	6:17	12:23	15:29	18:26	19:35
26	Sabtu	23	4:59	5:09	6:17	12:23	15:28	18:26	19:35
27	Ahad	24	4:58	5:08	6:16	12:23	15:27	18:26	19:35
28	Isnin	25	4:58	5:08	6:16	12:22	15:26	18:26	19:35
29	Selasa	26	4:57	5:07	6:15	12:22	15:25	18:26	19:35
30	Rabu	27	4:57	5:07	6:15	12:22	15:24	18:25	19:35
31	Khamis	28	4:56	5:06	6:15	12:21	15:23	18:25	19:34

Disediakan oleh:

Bahagian Falak

Pejabat Mufti Negeri Sabah

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TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U

Ketinggian 0 meter

April 2022 Miladiah / Sya'ban - Ramadhan 1443 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Jumaat	29 Sya'ban	4:56	5:06	6:14	12:21	15:22	18:25	19:34
2	Sabtu	30	4:55	5:05	6:14	12:21	15:21	18:25	19:34
3	Ahad	1 Ram	4:55	5:05	6:13	12:21	15:21	18:25	19:34
4	Isnin	2	4:54	5:04	6:13	12:20	15:21	18:25	19:34
5	Selasa	3	4:54	5:04	6:12	12:20	15:22	18:24	19:34
6	Rabu	4	4:53	5:03	6:12	12:20	15:22	18:24	19:34
7	Khamis	5	4:53	5:03	6:11	12:19	15:23	18:24	19:34
8	Jumaat	6	4:52	5:02	6:11	12:19	15:23	18:24	19:34
9	Sabtu	7	4:52	5:02	6:11	12:19	15:23	18:24	19:34
10	Ahad	8	4:51	5:01	6:10	12:19	15:24	18:24	19:34
11	Isnin	9	4:51	5:01	6:10	12:18	15:24	18:24	19:34
12	Selasa	10	4:50	5:00	6:09	12:18	15:25	18:24	19:34
13	Rabu	11	4:50	5:00	6:09	12:18	15:25	18:23	19:34
14	Khamis	12	4:50	5:00	6:09	12:18	15:26	18:23	19:33
15	Jumaat	13	4:49	4:59	6:08	12:17	15:26	18:23	19:33
16	Sabtu	14	4:49	4:59	6:08	12:17	15:26	18:23	19:33
17	Ahad	15	4:48	4:58	6:08	12:17	15:27	18:23	19:33
18	Isnin	16	4:48	4:58	6:07	12:17	15:27	18:23	19:33
19	Selasa	17	4:47	4:57	6:07	12:16	15:27	18:23	19:33
20	Rabu	18	4:47	4:57	6:06	12:16	15:28	18:23	19:33
21	Khamis	19	4:46	4:56	6:06	12:16	15:28	18:23	19:33
22	Jumaat	20	4:46	4:56	6:06	12:16	15:28	18:23	19:34
23	Sabtu	21	4:46	4:56	6:05	12:16	15:29	18:23	19:34
24	Ahad	22	4:45	4:55	6:05	12:15	15:29	18:23	19:34
25	Isnin	23	4:45	4:55	6:05	12:15	15:29	18:22	19:34
26	Selasa	24	4:44	4:54	6:05	12:15	15:30	18:22	19:34
27	Rabu	25	4:44	4:54	6:04	12:15	15:30	18:22	19:34
28	Khamis	26	4:43	4:53	6:04	12:15	15:30	18:22	19:34
29	Jumaat	27	4:43	4:53	6:04	12:15	15:31	18:22	19:34
30	Sabtu	28	4:43	4:53	6:03	12:14	15:31	18:22	19:34

Disediakan oleh:

Bahagian Falak

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TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U ##### Ketinggian 0 meter

Mei 2022 Miladiah / Ramadhan - Syawal 1443 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Ahad	29 Ram	4:42	4:52	6:03	12:14	15:31	18:22	19:34
2	Isnin	30	4:42	4:52	6:03	12:14	15:31	18:22	19:34
3	Selasa	1 Syawal	4:42	4:52	6:03	12:14	15:32	18:22	19:34
4	Rabu	2	4:41	4:51	6:02	12:14	15:32	18:22	19:35
5	Khamis	3	4:41	4:51	6:02	12:14	15:32	18:22	19:35
6	Jumaat	4	4:41	4:51	6:02	12:14	15:33	18:22	19:35
7	Sabtu	5	4:40	4:50	6:02	12:14	15:33	18:23	19:35
8	Ahad	6	4:40	4:50	6:02	12:14	15:33	18:23	19:35
9	Isnin	7	4:40	4:50	6:02	12:14	15:33	18:23	19:35
10	Selasa	8	4:40	4:50	6:01	12:14	15:34	18:23	19:36
11	Rabu	9	4:39	4:49	6:01	12:14	15:34	18:23	19:36
12	Khamis	10	4:39	4:49	6:01	12:14	15:34	18:23	19:36
13	Jumaat	11	4:39	4:49	6:01	12:14	15:35	18:23	19:36
14	Sabtu	12	4:39	4:49	6:01	12:14	15:35	18:23	19:36
15	Ahad	13	4:38	4:48	6:01	12:14	15:35	18:23	19:37
16	Isnin	14	4:38	4:48	6:01	12:14	15:35	18:23	19:37
17	Selasa	15	4:38	4:48	6:01	12:14	15:36	18:23	19:37
18	Rabu	16	4:38	4:48	6:01	12:14	15:36	18:24	19:37
19	Khamis	17	4:38	4:48	6:01	12:14	15:36	18:24	19:38
20	Jumaat	18	4:37	4:47	6:00	12:14	15:36	18:24	19:38
21	Sabtu	19	4:37	4:47	6:00	12:14	15:37	18:24	19:38
22	Ahad	20	4:37	4:47	6:00	12:14	15:37	18:24	19:38
23	Isnin	21	4:37	4:47	6:00	12:14	15:37	18:24	19:39
24	Selasa	22	4:37	4:47	6:00	12:14	15:38	18:24	19:39
25	Rabu	23	4:37	4:47	6:00	12:14	15:38	18:25	19:39
26	Khamis	24	4:37	4:47	6:00	12:14	15:38	18:25	19:39
27	Jumaat	25	4:37	4:47	6:01	12:14	15:38	18:25	19:40
28	Sabtu	26	4:37	4:47	6:01	12:14	15:39	18:25	19:40
29	Ahad	27	4:37	4:47	6:01	12:15	15:39	18:25	19:40
30	Isnin	28	4:37	4:47	6:01	12:15	15:39	18:26	19:41
31	Selasa	29	4:37	4:47	6:01	12:15	15:40	18:26	19:41

Disediakan oleh:

Bahagian Falak

Pejabat Mufti Negeri Sabah

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BAGI NEGERI SABAH
TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U ##### Ketinggian 0 meter

Jun 2022 Miladiah / Zulkaedah 1443 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Rabu	1 Z.Kaedah	4:37	4:47	6:01	12:15	15:40	18:26	19:41
2	Khamis	2	4:37	4:47	6:01	12:15	15:40	18:26	19:42
3	Jumaat	3	4:37	4:47	6:01	12:15	15:40	18:26	19:42
4	Sabtu	4	4:37	4:47	6:01	12:15	15:41	18:27	19:42
5	Ahad	5	4:37	4:47	6:01	12:16	15:41	18:27	19:42
6	Isnin	6	4:37	4:47	6:01	12:16	15:41	18:27	19:43
7	Selasa	7	4:37	4:47	6:02	12:16	15:42	18:27	19:43
8	Rabu	8	4:37	4:47	6:02	12:16	15:42	18:28	19:43
9	Khamis	9	4:37	4:47	6:02	12:16	15:42	18:28	19:44
10	Jumaat	10	4:37	4:47	6:02	12:17	15:42	18:28	19:44
11	Sabtu	11	4:37	4:47	6:02	12:17	15:43	18:28	19:44
12	Ahad	12	4:37	4:47	6:02	12:17	15:43	18:28	19:44
13	Isnin	13	4:38	4:48	6:03	12:17	15:43	18:29	19:45
14	Selasa	14	4:38	4:48	6:03	12:17	15:43	18:29	19:45
15	Rabu	15	4:38	4:48	6:03	12:18	15:44	18:29	19:45
16	Khamis	16	4:38	4:48	6:03	12:18	15:44	18:29	19:45
17	Jumaat	17	4:38	4:48	6:03	12:18	15:44	18:30	19:46
18	Sabtu	18	4:38	4:48	6:04	12:18	15:44	18:30	19:46
19	Ahad	19	4:39	4:49	6:04	12:18	15:45	18:30	19:46
20	Isnin	20	4:39	4:49	6:04	12:19	15:45	18:30	19:46
21	Selasa	21	4:39	4:49	6:04	12:19	15:45	18:31	19:47
22	Rabu	22	4:39	4:49	6:04	12:19	15:45	18:31	19:47
23	Khamis	23	4:40	4:50	6:05	12:19	15:45	18:31	19:47
24	Jumaat	24	4:40	4:50	6:05	12:20	15:46	18:31	19:47
25	Sabtu	25	4:40	4:50	6:05	12:20	15:46	18:31	19:47
26	Ahad	26	4:40	4:50	6:05	12:20	15:46	18:32	19:48
27	Isnin	27	4:40	4:50	6:05	12:20	15:46	18:32	19:48
28	Selasa	28	4:41	4:51	6:06	12:20	15:46	18:32	19:48
29	Rabu	29	4:41	4:51	6:06	12:21	15:47	18:32	19:48
30	Khamis	30	4:41	4:51	6:06	12:21	15:47	18:32	19:48

Disediakan oleh:

Bahagian Falak

Pejabat Mufti Negeri Sabah

**JADUAL WAKTU SOLAT
BAGI NEGERI SABAH
TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U

Ketinggian 0 meter

Julai 2022 Miladiah / Zulhijjah 1443 - Muharram 1444 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Jumaat	1 Z.Hijjah	4:42	4:52	6:06	12:21	15:47	18:32	19:48
2	Sabtu	2	4:42	4:52	6:07	12:21	15:47	18:33	19:48
3	Ahad	3	4:42	4:52	6:07	12:21	15:47	18:33	19:49
4	Isnin	4	4:42	4:52	6:07	12:22	15:47	18:33	19:49
5	Selasa	5	4:43	4:53	6:07	12:22	15:47	18:33	19:49
6	Rabu	6	4:43	4:53	6:07	12:22	15:47	18:33	19:49
7	Khamis	7	4:43	4:53	6:08	12:22	15:47	18:33	19:49
8	Jumaat	8	4:43	4:53	6:08	12:22	15:47	18:33	19:49
9	Sabtu	9	4:44	4:54	6:08	12:22	15:48	18:34	19:49
10	Ahad	10	4:44	4:54	6:08	12:23	15:48	18:34	19:49
11	Isnin	11	4:44	4:54	6:08	12:23	15:48	18:34	19:49
12	Selasa	12	4:45	4:55	6:09	12:23	15:48	18:34	19:49
13	Rabu	13	4:45	4:55	6:09	12:23	15:48	18:34	19:49
14	Khamis	14	4:45	4:55	6:09	12:23	15:48	18:34	19:49
15	Jumaat	15	4:45	4:55	6:09	12:23	15:47	18:34	19:49
16	Sabtu	16	4:46	4:56	6:09	12:23	15:47	18:34	19:49
17	Ahad	17	4:46	4:56	6:10	12:23	15:47	18:34	19:49
18	Isnin	18	4:46	4:56	6:10	12:23	15:47	18:34	19:49
19	Selasa	19	4:46	4:56	6:10	12:23	15:47	18:34	19:48
20	Rabu	20	4:47	4:57	6:10	12:24	15:47	18:34	19:48
21	Khamis	21	4:47	4:57	6:10	12:24	15:47	18:34	19:48
22	Jumaat	22	4:47	4:57	6:10	12:24	15:47	18:34	19:48
23	Sabtu	23	4:47	4:57	6:10	12:24	15:47	18:34	19:48
24	Ahad	24	4:47	4:57	6:11	12:24	15:46	18:34	19:48
25	Isnin	25	4:48	4:58	6:11	12:24	15:46	18:34	19:47
26	Selasa	26	4:48	4:58	6:11	12:24	15:46	18:34	19:47
27	Rabu	27	4:48	4:58	6:11	12:24	15:46	18:33	19:47
28	Khamis	28	4:48	4:58	6:11	12:24	15:45	18:33	19:47
29	Jumaat	29	4:48	4:58	6:11	12:24	15:45	18:33	19:47
30	Sabtu	1 Muh	4:49	4:59	6:11	12:24	15:45	18:33	19:46
31	Ahad	2	4:49	4:59	6:11	12:24	15:44	18:33	19:46

Disediakan oleh:

Bahagian Falak

Pejabat Mufti Negeri Sabah

**JADUAL WAKTU SOLAT
BAGI NEGERI SABAH
TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U

Ketinggian 0 meter

Ogos 2022 Miladiah / Muharram - Safar 1444 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Isnin	3 Muh	4:49	4:59	6:11	12:24	15:44	18:33	19:46
2	Selasa	4	4:49	4:59	6:11	12:23	15:44	18:33	19:46
3	Rabu	5	4:49	4:59	6:11	12:23	15:43	18:32	19:45
4	Khamis	6	4:49	4:59	6:11	12:23	15:43	18:32	19:45
5	Jumaat	7	4:50	5:00	6:11	12:23	15:42	18:32	19:45
6	Sabtu	8	4:50	5:00	6:11	12:23	15:42	18:32	19:44
7	Ahad	9	4:50	5:00	6:11	12:23	15:42	18:32	19:44
8	Isnin	10	4:50	5:00	6:11	12:23	15:41	18:31	19:44
9	Selasa	11	4:50	5:00	6:11	12:23	15:41	18:31	19:43
10	Rabu	12	4:50	5:00	6:11	12:23	15:40	18:31	19:43
11	Khamis	13	4:50	5:00	6:11	12:22	15:39	18:31	19:42
12	Jumaat	14	4:50	5:00	6:11	12:22	15:39	18:30	19:42
13	Sabtu	15	4:50	5:00	6:11	12:22	15:38	18:30	19:42
14	Ahad	16	4:50	5:00	6:11	12:22	15:38	18:30	19:41
15	Isnin	17	4:50	5:00	6:11	12:22	15:37	18:29	19:41
16	Selasa	18	4:50	5:00	6:11	12:22	15:36	18:29	19:40
17	Rabu	19	4:50	5:00	6:11	12:21	15:36	18:29	19:40
18	Khamis	20	4:51	5:01	6:11	12:21	15:35	18:28	19:39
19	Jumaat	21	4:51	5:01	6:11	12:21	15:34	18:28	19:39
20	Sabtu	22	4:51	5:01	6:10	12:21	15:34	18:28	19:38
21	Ahad	23	4:51	5:01	6:10	12:20	15:33	18:27	19:38
22	Isnin	24	4:50	5:00	6:10	12:20	15:32	18:27	19:38
23	Selasa	25	4:50	5:00	6:10	12:20	15:31	18:26	19:37
24	Rabu	26	4:50	5:00	6:10	12:20	15:30	18:26	19:37
25	Khamis	27	4:50	5:00	6:10	12:19	15:30	18:26	19:36
26	Jumaat	28	4:50	5:00	6:10	12:19	15:29	18:25	19:36
27	Sabtu	29	4:50	5:00	6:10	12:19	15:28	18:25	19:35
28	Ahad	30	4:50	5:00	6:09	12:19	15:27	18:24	19:35
29	Isnin	1 Safar	4:50	5:00	6:09	12:18	15:26	18:24	19:34
30	Selasa	2	4:50	5:00	6:09	12:18	15:25	18:23	19:34
31	Rabu	3	4:50	5:00	6:09	12:18	15:24	18:23	19:33

Disediakan oleh:

Bahagian Falak

Pejabat Mufti Negeri Sabah

**JADUAL WAKTU SOLAT
BAGI NEGERI SABAH
TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U

Ketinggian 0 meter

September 2022 Miladiah / Safar - Rabi'ulawwal 1444 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Khamis	4 Safar	4:50	5:00	6:09	12:17	15:23	18:23	19:32
2	Jumaat	5	4:50	5:00	6:09	12:17	15:22	18:22	19:32
3	Sabtu	6	4:50	5:00	6:08	12:17	15:21	18:22	19:31
4	Ahad	7	4:50	5:00	6:08	12:16	15:20	18:21	19:31
5	Isnin	8	4:49	4:59	6:08	12:16	15:19	18:21	19:30
6	Selasa	9	4:49	4:59	6:08	12:16	15:18	18:20	19:30
7	Rabu	10	4:49	4:59	6:08	12:15	15:17	18:20	19:29
8	Khamis	11	4:49	4:59	6:07	12:15	15:16	18:19	19:29
9	Jumaat	12	4:49	4:59	6:07	12:15	15:14	18:19	19:28
10	Sabtu	13	4:49	4:59	6:07	12:14	15:15	18:18	19:28
11	Ahad	14	4:48	4:58	6:07	12:14	15:15	18:18	19:27
12	Isnin	15	4:48	4:58	6:07	12:14	15:15	18:17	19:27
13	Selasa	16	4:48	4:58	6:06	12:13	15:15	18:17	19:26
14	Rabu	17	4:48	4:58	6:06	12:13	15:16	18:16	19:25
15	Khamis	18	4:48	4:58	6:06	12:12	15:16	18:16	19:25
16	Jumaat	19	4:48	4:58	6:06	12:12	15:16	18:15	19:24
17	Sabtu	20	4:47	4:57	6:05	12:12	15:17	18:15	19:24
18	Ahad	21	4:47	4:57	6:05	12:11	15:17	18:14	19:23
19	Isnin	22	4:47	4:57	6:05	12:11	15:17	18:14	19:23
20	Selasa	23	4:47	4:57	6:05	12:11	15:17	18:13	19:22
21	Rabu	24	4:47	4:57	6:05	12:10	15:17	18:13	19:22
22	Khamis	25	4:46	4:56	6:04	12:10	15:18	18:12	19:21
23	Jumaat	26	4:46	4:56	6:04	12:10	15:18	18:12	19:21
24	Sabtu	27	4:46	4:56	6:04	12:09	15:18	18:11	19:20
25	Ahad	28	4:46	4:56	6:04	12:09	15:18	18:11	19:20
26	Isnin	29	4:46	4:56	6:04	12:09	15:18	18:10	19:19
27	Selasa	30	4:45	4:55	6:03	12:08	15:18	18:10	19:19
28	Rabu	1 R.Awwal	4:45	4:55	6:03	12:08	15:19	18:09	19:18
29	Khamis	2	4:45	4:55	6:03	12:08	15:19	18:09	19:18
30	Jumaat	3	4:45	4:55	6:03	12:07	15:19	18:08	19:17

Disediakan oleh:

Bahagian Falak

Pejabat Mufti Negeri Sabah

**JADUAL WAKTU SOLAT
BAGI NEGERI SABAH
TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U ##### Ketinggian 0 meter

Oktober 2022 Miladiah / Rabi'ulawwal - Rabi'ulakhir 1444 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Sabtu	4 R.Awwal	4:45	4:55	6:03	12:07	15:19	18:08	19:17
2	Ahad	5	4:44	4:54	6:02	12:07	15:19	18:08	19:17
3	Isnin	6	4:44	4:54	6:02	12:06	15:19	18:07	19:16
4	Selasa	7	4:44	4:54	6:02	12:06	15:19	18:07	19:16
5	Rabu	8	4:44	4:54	6:02	12:06	15:19	18:06	19:15
6	Khamis	9	4:44	4:54	6:02	12:05	15:19	18:06	19:15
7	Jumaat	10	4:43	4:53	6:02	12:05	15:19	18:05	19:15
8	Sabtu	11	4:43	4:53	6:01	12:05	15:19	18:05	19:14
9	Ahad	12	4:43	4:53	6:01	12:05	15:20	18:04	19:14
10	Isnin	13	4:43	4:53	6:01	12:04	15:20	18:04	19:13
11	Selasa	14	4:43	4:53	6:01	12:04	15:20	18:04	19:13
12	Rabu	15	4:43	4:53	6:01	12:04	15:20	18:03	19:13
13	Khamis	16	4:42	4:52	6:01	12:03	15:20	18:03	19:12
14	Jumaat	17	4:42	4:52	6:01	12:03	15:20	18:03	19:12
15	Sabtu	18	4:42	4:52	6:01	12:03	15:20	18:02	19:12
16	Ahad	19	4:42	4:52	6:01	12:03	15:20	18:02	19:11
17	Isnin	20	4:42	4:52	6:00	12:03	15:20	18:01	19:11
18	Selasa	21	4:42	4:52	6:00	12:02	15:20	18:01	19:11
19	Rabu	22	4:41	4:51	6:00	12:02	15:20	18:01	19:11
20	Khamis	23	4:41	4:51	6:00	12:02	15:20	18:00	19:10
21	Jumaat	24	4:41	4:51	6:00	12:02	15:20	18:00	19:10
22	Sabtu	25	4:41	4:51	6:00	12:02	15:20	18:00	19:10
23	Ahad	26	4:41	4:51	6:00	12:02	15:20	18:00	19:10
24	Isnin	27	4:41	4:51	6:00	12:01	15:20	17:59	19:10
25	Selasa	28	4:41	4:51	6:00	12:01	15:20	17:59	19:09
26	Rabu	29	4:41	4:51	6:00	12:01	15:20	17:59	19:09
27	Khamis	1 R.Akhir	4:41	4:51	6:00	12:01	15:21	17:59	19:09
28	Jumaat	2	4:41	4:51	6:00	12:01	15:21	17:58	19:09
29	Sabtu	3	4:41	4:51	6:00	12:01	15:21	17:58	19:09
30	Ahad	4	4:41	4:51	6:00	12:01	15:21	17:58	19:09
31	Isnin	5	4:41	4:51	6:00	12:01	15:21	17:58	19:09

Disediakan oleh:

Bahagian Falak

Pejabat Mufti Negeri Sabah

**JADUAL WAKTU SOLAT
BAGI NEGERI SABAH
TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U ##### Ketinggian 0 meter

November 2022 Miladiah / Rabi'ulakhir - Jamadilawal 1444 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Selasa	6 R.Akhir	4:41	4:51	6:01	12:01	15:21	17:58	19:09
2	Rabu	7	4:41	4:51	6:01	12:01	15:21	17:58	19:09
3	Khamis	8	4:41	4:51	6:01	12:01	15:21	17:57	19:09
4	Jumaat	9	4:41	4:51	6:01	12:01	15:21	17:57	19:09
5	Sabtu	10	4:41	4:51	6:01	12:01	15:21	17:57	19:09
6	Ahad	11	4:41	4:51	6:01	12:01	15:21	17:57	19:09
7	Isnin	12	4:41	4:51	6:01	12:01	15:22	17:57	19:09
8	Selasa	13	4:41	4:51	6:01	12:01	15:22	17:57	19:09
9	Rabu	14	4:41	4:51	6:02	12:01	15:22	17:57	19:09
10	Khamis	15	4:41	4:51	6:02	12:01	15:22	17:57	19:09
11	Jumaat	16	4:41	4:51	6:02	12:01	15:22	17:57	19:09
12	Sabtu	17	4:41	4:51	6:02	12:01	15:22	17:57	19:09
13	Ahad	18	4:41	4:51	6:03	12:01	15:23	17:57	19:09
14	Isnin	19	4:41	4:51	6:03	12:02	15:23	17:57	19:09
15	Selasa	20	4:42	4:52	6:03	12:02	15:23	17:57	19:10
16	Rabu	21	4:42	4:52	6:03	12:02	15:23	17:57	19:10
17	Khamis	22	4:42	4:52	6:04	12:02	15:23	17:57	19:10
18	Jumaat	23	4:42	4:52	6:04	12:02	15:24	17:57	19:10
19	Sabtu	24	4:42	4:52	6:04	12:02	15:24	17:58	19:10
20	Ahad	25	4:42	4:52	6:04	12:03	15:24	17:58	19:11
21	Isnin	26	4:43	4:53	6:05	12:03	15:24	17:58	19:11
22	Selasa	27	4:43	4:53	6:05	12:03	15:25	17:58	19:11
23	Rabu	28	4:43	4:53	6:06	12:03	15:25	17:58	19:12
24	Khamis	29	4:43	4:53	6:06	12:04	15:25	17:58	19:12
25	Jumaat	30	4:44	4:54	6:06	12:04	15:26	17:59	19:12
26	Sabtu	1 J.Awwal	4:44	4:54	6:07	12:04	15:26	17:59	19:12
27	Ahad	2	4:44	4:54	6:07	12:05	15:26	17:59	19:13
28	Isnin	3	4:45	4:55	6:07	12:05	15:27	17:59	19:13
29	Selasa	4	4:45	4:55	6:08	12:05	15:27	18:00	19:14
30	Rabu	5	4:45	4:55	6:08	12:06	15:27	18:00	19:14

Disediakan oleh:

Bahagian Falak

Pejabat Mufti Negeri Sabah

**JADUAL WAKTU SOLAT
BAGI NEGERI SABAH
TAHUN 2022**

ZON 8, BAHAGIAN PEDALAMAN (ATAS)

Pensiangan, Nabawan, Sook, Sepulut, Tambunan dan Keningau

Koordinat Rujukan: Keningau

Latitud 5° 20' 00" U ##### Ketinggian 0 meter

Disember 2022 Miladiah / Jamadilawwal - Jamadilakhir 1444 Hijriah

Miladiah	Hari	Hijriah	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak
1	Khamis	6 J.Awwal	4:46	4:56	6:09	12:06	15:28	18:00	19:14
2	Jumaat	7	4:46	4:56	6:09	12:06	15:28	18:01	19:15
3	Sabtu	8	4:46	4:56	6:10	12:07	15:28	18:01	19:15
4	Ahad	9	4:47	4:57	6:10	12:07	15:29	18:01	19:15
5	Isnin	10	4:47	4:57	6:10	12:08	15:29	18:02	19:16
6	Selasa	11	4:48	4:58	6:11	12:08	15:30	18:02	19:16
7	Rabu	12	4:48	4:58	6:11	12:08	15:30	18:02	19:17
8	Khamis	13	4:48	4:58	6:12	12:09	15:30	18:03	19:17
9	Jumaat	14	4:49	4:59	6:12	12:09	15:31	18:03	19:18
10	Sabtu	15	4:49	4:59	6:13	12:10	15:31	18:03	19:18
11	Ahad	16	4:50	5:00	6:13	12:10	15:32	18:04	19:19
12	Isnin	17	4:50	5:00	6:14	12:11	15:32	18:04	19:19
13	Selasa	18	4:51	5:01	6:14	12:11	15:33	18:05	19:20
14	Rabu	19	4:51	5:01	6:15	12:12	15:33	18:05	19:20
15	Khamis	20	4:52	5:02	6:15	12:12	15:34	18:06	19:21
16	Jumaat	21	4:52	5:02	6:16	12:13	15:34	18:06	19:21
17	Sabtu	22	4:52	5:02	6:16	12:13	15:35	18:07	19:21
18	Ahad	23	4:53	5:03	6:17	12:14	15:35	18:07	19:22
19	Isnin	24	4:53	5:03	6:17	12:14	15:36	18:08	19:22
20	Selasa	25	4:54	5:04	6:18	12:15	15:36	18:08	19:23
21	Rabu	26	4:54	5:04	6:18	12:15	15:37	18:09	19:23
22	Khamis	27	4:55	5:05	6:19	12:16	15:37	18:09	19:24
23	Jumaat	28	4:55	5:05	6:19	12:16	15:38	18:10	19:24
24	Sabtu	29	4:56	5:06	6:20	12:17	15:38	18:10	19:25
25	Ahad	1 J.Akhir	4:56	5:06	6:20	12:17	15:39	18:11	19:25
26	Isnin	2	4:57	5:07	6:21	12:18	15:39	18:11	19:26
27	Selasa	3	4:57	5:07	6:21	12:18	15:40	18:12	19:26
28	Rabu	4	4:58	5:08	6:22	12:18	15:40	18:12	19:27
29	Khamis	5	4:58	5:08	6:22	12:19	15:41	18:13	19:27
30	Jumaat	6	4:59	5:09	6:23	12:19	15:41	18:13	19:28
31	Sabtu	7	4:59	5:09	6:23	12:20	15:42	18:14	19:28

Disediakan oleh:

Bahagian Falak

Pejabat Mufti Negeri Sabah